

Jewish Study Center
W a s h i n g t o n , D C

Spring 2011 Semester begins April 27!

Three nights at three locations!

Mondays – 7 PM at Tifereth Israel Congregation
7701 16th Street (and Juniper St) NW, DC

WEEKDAY AMIDAH: GATEWAY FOR TRANSITIONS—page 2
EXPLORING KABBALAH—page 2

Tuesdays – 7 PM at National Museum of American Jewish Military History
1811 R Street, NW—near Dupont Circle North metro

SACRED FRAGRANCES OF THE TANACH—page 3
FAMILY STORIES: FATHERS, SONS AND ZAYDES—page 7

Wednesdays—7 PM and 8:30 PM at Adas Israel Congregation
2850 Quebec Street NW – near Cleveland Park metro



LOST TRIBES: ALL KINDS OF JEWS—page 4
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FOODS OF ISRAEL TODAY—page 5
CHALLAH-BAKING AS SPIRITUAL PRACTICE—page 5

CO-SPONSORED WITH TIFERETH ISRAEL

Exploring the Kabbalah:
Discovering the Spiritual Meaning of Jewish Practice and Ritual

Instructor: Jay McCrensky
May 2, 9, 16, 23, 7:00-8:15 p.m.



Learn the essence of Judaism and the path to spiritual meaning in this introductory class to the rich Jewish mystical tradition. Kabbalah seeks answers to the mystery of God, the challenge of dealing with evil, the purpose of Jewish rituals and the meaning of Jewish prayer. We will cover the basic concepts, the symbolism, the lost meaning of Jewish holiday and Shabbat observance, and basic texts.

Dr. Jay McCrensky, MBA, PhD. is President of Marketshare, a Management Investment Banking and Strategic Partnering Advisory. **Jay** completed his PhD. in Jewish Studies and Kabbalah this year at Baltimore Hebrew University. He has taught Kabbalah for more than 30 years at numerous local groups and congregations and has led kabbalistic seders for Passover and Tu B'shvat. He is the author of two books on Kabbalah: *Understanding Evil: Insights from Kabbalah* and *Receiving Holiness: Understanding Judaism through Kabbalah*. On the more earthly plane, Jay is an investment banker and the director of Machaya Klezmer Band.

JSC and Tifereth Israel members \$55; non-members \$75

Weekday Amidah: A Gateway for Transitions

Instructor: Andrea Foster
May 16, and 23, 7:00-8:15 p.m.

The Amidah (the standing prayer) is said in nearly every Jewish prayer service--daily, Shabbat and holidays--but many struggle with its meaning. We will read this amazing prayer in English and Hebrew and will ponder, meditate, chant, sing, and share our experiences of a few of the prayer's nineteen themes that affect our daily lives, including families, a higher Power, holiness, repentance, forgiveness, healing and justice. These and more provide us opportunities to experience our freedom and peace. We will use colored pencils, crayons, pencil, pen, and paper, and maybe movement as well, to augment the prayer and make it our own. (The instructor has written her own weekday Amidah). Interested students may join a follow-up group to explore our transition through all nineteen gateways.

JSC and Tifereth Israel members \$25; non-members \$35

Music and Healing

Instructor: Andrea Foster
June 6, 7:00-8:15 p.m.

Come learn contemporary, folk and traditional songs that can help you through times of need and comfort. And learn how to incorporate them into daily prayer or meditation practice. The instructor will bring her guitar and song sheets.

Andrea Foster is a rabbinical student with Alliance for Jewish Renewal, a shaliach tzibbur (service leader) and a Jewish educator. For more info go to her website: www.yoninatorahseed.com.

Each session: JSC and Tifereth Israel members \$15; non-members \$20

**Tuesday nights at the National Museum of American Jewish Military History
1811 R Street, NW—2 blocks from Dupont Circle N metro**

Sacred Fragrances of the Tanach

Instructor: Izabella Tabarovsky

Tuesday, May 17, 7-9 p.m.

"...I will betake me to the mount of myrrh, to the hill of frankincense..." – The Song of Songs 4:6

From Exodus to Psalms to the Song of Songs, the Jewish Bible is infused with tantalizing fragrances of incense, aromatic offerings, and spices. The holy anointing oils of Exodus, frankincense of the Leviticus, and aloe, myrrh, and spikenard of The Song of Songs offer clues to how our ancestors interacted with their environment and the many ways they found to connect with the sacred.

Come to this engaging, experiential class to find out: What was the significance of fragrant herbs and spices in Biblical times? What exactly constituted the holy anointing oils? Why does the Bible refer to them as the "oils of gladness"? What has modern science learned about their multiple qualities, from spiritual, to antibiotic to antiseptic and anti-cancerous? And, most important: What did they actually smell like?

You will never read the Bible in the same way again!

(*For persons sensitive to smells: In this class we will be using 100% natural, organic, therapeutic-grade essential oils. These typically produce no negative side-effects, even in those allergic to pollen or synthetic fragrances. However, please make the decision that's best for you.)

Izabella Tabarovsky is a Healing Touch practitioner, clinical aromatherapist, and life path / career path coach. She is on staff at the Washington Cancer Institute and is a founding partner at Soapstone Integrative Health Associates. She teaches frequently on the subjects of holistic health and wellness. For more information, please visit www.izabellatabarovsky.com.

JSC and JWV members \$25; non-members \$30
(This fee includes \$5 to cover cost of materials.)

About the Jewish Study Center

The Jewish Study Center was founded in 1978 as an independent non-profit institute of adult Jewish education in the Washington, D.C. area. The mission of the Jewish Study Center is to provide classes and programs of Jewish study in the widest breadth of topics as possible; and to accomplish this in an atmosphere where any person, regardless of background or level of current involvement, can feel comfortable to study and to establish a serious relationship with the Jewish tradition.

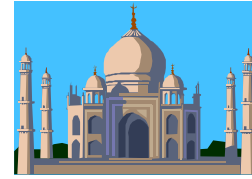
www.Jewishstudycenter.org

Email: info@jewishstudycenter.org

Phone: 202-332-1221

**Wednesday nights at Adas Israel, 2850 Quebec St NW, DC—
1 block from Cleveland Park metro**

Lost Tribes: All Kinds of Jews
Instructor: Thomas Timberg
Wednesday, April 27, 7:00-8:15 p.m.



The great variety of Jewish communities—many of them with varying traditions—have often been inaccurately been described as involving Lost Tribes.

Very few are lost—many have been there all along. But Tudor Parfitt of the School of Oriental and African Studies, the leading expert on them, calls them tribes of Jews trying to be found. The session will consider on the basis of various Indian, Russian, and African examples who has been considered a Jew and how and where.

Dr. Thomas Timberg is an economist and writer who has lived in many parts of the world - and has been involved with Jewish communities in all of them. He has published and written particularly about Indian Jews but in recent years been involved with African, former Soviet, and other South Asian communities. He is a member of Am HaTorah Congregation in Bethesda, MD.

JSC and Adas Israel members \$15; non-members \$20

Three Classic Midrashim: Talmud as Hypertext

Instructor: Stephen Berer
Wednesdays, May 11, 18, 25, 7:00-8:15 p.m.

In this course we will read three classic midrashim from the Talmud, and analyze their literary, political, psychological, and social implications. (“Midrash” is the ancient Jewish practice of illuminating texts by creative storytelling.) In the process, we will uncover their lasting impacts on Jewish thought and literature, and their prescient understanding of the human condition. The three midrashim are: The Oven of Achnai, Kamtza and Bar Kamtza, The Four Who Entered Pardaes (the garden, paradise).

Stephen Berer, a newcomer to DC, is a writer of poetry, focusing on the existential and spiritual issues of Jewish identity in the world today. He has taught Jewish Studies in a Jewish day school, and worked as an investment analyst, developing econometric models to forecast market indices. His poetry and illuminations can be found at: <http://www.shivvete.com> and <http://shivvete.blogspot.com>.

3 sessions: JSC and Adas Israel members \$40; non-members \$55

Jews of Nashville
Instructor: Wendy Kamenshine
Wednesday, June 15, 7:00-8:15 p.m.

Believe it--there are Jews in Nashville, Tennessee. This Jewish community that began with just one congregation in the mid-1850s is now a thriving community of 7,500 people in the heart of the Bible Belt. In fact, the first Jewish child in Music City, USA was born in 1795. Wendy will describe the history of this community, highlight significant time periods such as its involvement in the civil rights movement (including the role of her own childhood rabbi), and give you a sense of what's happening in Nashville today.

Wendy Kamenshine, who is a native of Nashville, is the Senior Ombudsman at the Department of Homeland Security's Citizenship and Immigration Services Ombudsman's Office.

JSC and Adas Israel members \$15; non-members \$20

**Wednesday nights at Adas Israel, 2850 Quebec St NW—
1 block from Cleveland Park metro**



Challah-Baking as a Spiritual Practice

Instructor: Susan Finston

Wednesday, May 4, 7:00-8:30 p.m.

Have you ever wanted to experience the aroma of homemade challah in your kitchen on Erev Shabbat or Yom Tov? Baking your own challah is a special way to bring the spirituality of Shabbat into your home. Longtime home-baking challah enthusiast Susan Finston will teach this one session workshop with tips on braiding and baking challah and adding that special Shabbat feeling. Join her to start your own tradition of baking challah at home!

Susan Finston has been baking challah for friends and family since the early 1980's. Over the last 30 years she has baked or carried homemade challah to overseas destinations including Ahmedabad, Beijing, Manila, Bhutan and many more. She is the founder and principal of Finston Consulting, LLC.

JSC and Adas members \$20; non-members \$25

Foods of Israel Today

Instructor: Laurie Moskowitz

Wednesdays, May 25 and June 1, 7:00-8:30 p.m.

Israeli food today abounds in freshness, variety and flavor combinations rarely found elsewhere. When Laurie Moskowitz's family moved to Israel for six months, she chronicled their discovery of the Israeli kosher food scene--shopping, cooking and eating--in her blog chocolateandkalamataolives.com. In these two sessions, Laurie will offer a smorgasbord of ways to spice up your table, Israeli-style, and follow up with some hands-on experiments.

Laurie Moskowitz is an Adas Israel member, an enthusiastic professional at-home chef and a political consultant.

JSC and Adas members \$40; non-members \$50

Islam and Politics in Arab Countries

Instructor: Naiem Sherbiny

May 4, 11 7:00-8:15 p.m.

Stalling political reforms has resulted in turmoil in the Arab Street and regime change in some countries. The issue is whether Islam help or hinder democratic transformation.

Naiem Sherbiny is the senior representative in the U.S. of the Cairo-based Ibn Khaldun Center for Development, and a board member of Library of Alexandria Foundation. Formerly a senior economist at the World Bank, he has taught at Berkeley, Wisconsin, Harvard, Georgetown, and American University at Cairo.

JSC and Adas members \$30; non-members \$40

Savoring the Psalms

Instructor: Amy Schwartz

May 11, 18, 25 (4th session date tbd) 8:30-9:40 p.m.

The Book of Psalms always comes as a surprise on first reading--and even more on deeper acquaintance. We will dip into various Psalms as the interests of the class move us--untangling metaphors, comparing translations, tracing the meanings of the words over time. We will read mostly in English, with a look at the Hebrew depending on class preferences.

Amy Schwartz, a journalist, has taught many Study Center classes on poetry. She is Vice President for education and youth at Adas Israel.

JSC and Adas members \$55; non-members \$75

Two Co-Sponsored Events—At Arlington National Cemetery

WALKING TOUR

Jewish Sites in Arlington National Cemetery

Sunday, May 1, 11:00 a.m. --2:00 p.m.

Tour sites related to Jewish history and military heroes, including the Confederate Memorial by Sir Moses Ezekiel. This tour includes a bit of walking.
Led by Jewish Historical Society of Greater Washington Board members Les Bergen and Ernie Marcus.
Meet outside the Visitor Center. JHSGW members \$15; \$20 non-members \$20

Register at: www.jhsgw.org or call: (202) 789-0900

Afterwards join the Jewish War Veterans after the tour for a memorial service to Maj. Gen. Orde Wingate, a British officer who assisted in the creation of the State of Israel.



• Public Invited •

GENERAL ORDE WINGATE *Memorial Ceremony*

Sunday, May 1 • 2:30 PM
Arlington National Cemetery
Gravesite 288 • Section 12

- Parking permitted at Gravesite (west side of Grant Avenue)
- In the event of rain, ceremony will move to the Women's National Memorial Auditorium

General Wingate was a great soldier and friend of the Jewish People.
He was the founder of the Jewish Brigade, which later became Israeli Defense Forces.

Tributes by:

Honorable Michael Oren
Israeli Ambassador to the United States

Air Commodore, Ken McCann
Military Attache, Embassy of Great Britain

General Norton Schwartz
Chief of Staff, USAF

General John Alison, USAF Ret.
Served with General Wingate in Burma

Professor Nicholas Kittrie, JD, American University
Served with General Wingate in Burma

Event Sponsored by the Jewish War Veterans of the USA Department of DC
For More Information Contact Richard Rosenzweig, Sr. Vice Cmdr, JWV Dept. Of DC at fishmayven@yahoo.com

Co-Sponsors

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JWB Jewish Chaplains Council
Jewish Residents of Leisure World
Gesher Jewish Day School
American Veterans of Israel
B'nai B'rith Uriah P. Levy Lodge
NACOEJ



The National Museum of American Jewish Military History
and the Jewish Study Center present:

Family Stories: Sons, Fathers and Zaydes

Sunday June 5, 2011, 2pm-4pm

National Museum of American Jewish Military History
1811 R Street, NW, Washington, DC 20009 (202) 265-6280
(two blocks from Dupont Circle North metro)

Are you a photographer, an artist, a filmmaker? A writer or storyteller? A stand-up comedian, dancer, or singer? Always wanted to try one of these? Come show off your talents! On June 5, as part of the DuPont Kalorama Museums Consortium *Walk Weekend*, the NMAJMH and the Jewish Study Center will devote this special afternoon to some of the most important men in our lives. We invite you to portray your beloved male relatives through a skit, scrapbook, video, song and dance routine, or what ever your imagination can conjure. To submit your piece and reserve a 10-15 minute time slot, call or email Mary Westley, Assistant Administrator of the NMAJMH at mwestley@jwv.org / 202 265-6280 and to discuss any video or audio equipment needs for that day.

Invite family and friends to join us on June 5, 2011. The entries will be photographed and placed on our websites and mentioned in our news media. This event is open to the public and admission is free.

Guided tours of the museum exhibits, including our homage to the *Fallen Heroes of Iraq and Afghanistan* will be available for exploring for adults from 1pm-5pm as well as treasure hunts for the kids, reading age and up.

AND THAT EVENING GO TO . . .

	<p>Annual Concert - June 5, 2011 – 7 pm <i>If I Forget You, O Yerushalayim</i> The Fall and Rise of Jerusalem</p>	
<p>Hazzan Ramón Tasat, Artistic Director Cantor Rachel Epstein, Guest Artist</p>		
<p>Temple Emanuel 10101 Connecticut Ave Kensington, MD 20895</p>		
<p>Admission: \$12 Adults (\$15 at the door) \$6 Students & Children</p>		
<p>Tickets and Information at www.KolotHaLev.org</p>		

**BE PART OF OUR COMMUNITY
OF LEARNERS AND TEACHERS!**

Is There Something About Judaism That You'd Love to Share?

Teach Your Passion at the Jewish Study Center!

Send subject and description with a short bio to: info@jewishstudycenter.org

Also, can you suggest anyone else who might want to teach?

- 1) _____
- 2) _____
- 3) _____

Can you suggest any topics you would like to see us offer?

- 1) _____
- 2) _____
- 3) _____
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Contact us at: info@jewishstudycenter.org or 202-332-1221

SIGN UP TO BE A VOLUNTEER FOR THE STUDY CENTER:

Give us your name, email address and phone

Name _____

Phone _____

Email Address _____

AND you get a class for free

WWW.JEWISHSTUDYCENTER.ORG

Help the Jewish Study Center continue to grow



For information about registration, classes or to make donations go on our website:

www.jewishstudycenter.org

Or contact us at:

(202) 332-1221 or info@jewishstudycenter.org

Yes, I want to support the JSC!

Friend \$180 ___ Sustainer \$360 ___ Partner \$540 ____

Pillar \$900 ___ Benefactor \$1800 ___

Your donation amount \$_____

(We are a 501(c) 3 organization; your contribution is tax deductible.)

I want to become a member (or renew my membership)!

JSC Single Annual Membership: \$18 (student) _____ "l'chaim"
 \$36 _____ "Double l'chaim"

JSC Family Annual Membership: \$72 _____ "Quadruple l'chaim"

Give the gift of membership! Bring someone else into the Jewish Study Center community!

Gift membership for: Name _____ Single \$36 Family \$72
Address _____ City, State, Zipcode _____

Total Amount \$_____

Check for \$_____ payable to: The Jewish Study Center

Payment by Credit Card for Amount: \$ _____

Card Number: _____

Expiration Date: _____ 3-digit security code: _____

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Signature: _____

**Address: Jewish Study Center
5505 Connecticut Avenue, NW #180
Washington DC 20015**

Registration—Spring 2011 Semester

Classes at Tifereth Israel—Mondays				Classes at NMAJMH—Dupont Circle—Tuesdays			
Session	Date	# Attend/Fee	Cost	Session	Date	# Attend/Fee	Cost
<u>EXPLORING KABBALAH</u>	May 2, 9 16, 23 7-8:15 PM	___ x \$55 JSC, TI members ___ x \$75 non-members		<u>SACRED FRAGRANCES OF THE TANACH</u>	May 7-9 PM	___ x \$25 JSC, JWV members ___ x \$30 non-members	
<u>WEEKDAY AMIDAH</u>	May 16, 23 7-8:15 PM	Two sessions: ___ X \$30 JSC, TI members ___ X \$40 non-members					
<u>MUSIC AND HEAL- ING</u>	June 6 7-8:15 PM	___ x \$15 JSC, TI members ___ x \$20 non-members					

You may register through our website: www.Jewishstudycenter.org

or mail to: **Jewish Study Center**
5505 Connecticut Avenue, NW #180
Washington DC 20015

Email: info@jewishstudycenter.org

Phone: 202-332-1221

FOR DONATIONS TO COMBINED FEDERAL CAMPAIGN (CFC):

OUR CFC NO. IS: 29158

Registration—Spring 2011 Semester

Classes at Adas Israel—Wednesdays			
Session	Date	# Attend/Fee	Cost
<u>LOST TRIBES</u>	April 27 7- 8:15 PM	___ x 15 JSC, Adas members ___ x 20 non-members	
<u>ISLAM AND POLITICS IN ARAB COUNTRIES</u>	May 4, 11 7-8:15 PM	___ x 30 JSC, Adas members ___ x 40 non-members	
<u>CHALLAH-BAKING</u>	May 4 7-8:30 PM	___ x 20 JSC, Adas members ___ x 25 non-members	
<u>THREE CLASSIC MIDRASHIM</u>	May 11, 18, 25 7- 8:15 PM	___ x 40 JSC, Adas members ___ x 55 non-members	
<u>FOODS OF ISRAEL TODAY</u>	May 25, June 1 7- 8:30 PM	___ x 40 JSC, Adas members ___ x 50 non-members	
<u>SAVORING THE PSALMS</u>	May 18, 25 June 1 8:30-9:40 PM	___ x 45 JSC, Adas members ___ x 60 non-members	
<u>JEWS OF NASHVILLE</u>	June 15 7-8:15 PM	___ x 15 JSC, Adas members ___ x 20 non-members	

Subtotal	_____
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Paypal payments may also be made through our website:	
WWW.JEWISHSTUDYCENTER.ORG	



Jewish Study Center

Administrative Office

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Jewish Study Center
www.jewishstudycenter.org

JSC Class Locations—near metro stops!

Tifereth Israel—7701 16th Street (and Juniper St), NW, DC
(S4, S2 bus, 1 mile south of Silver Spring Metro)

National Museum of American Jewish Military History—1811 R Street, NW, DC
(1 block NE of Dupont Circle North Metro)

Adas Israel—2850 Quebec Street, NW, DC
(1 block north of Cleveland Park Metro)

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