



Bob Rovinsky,  
President  
Rachel B. Miller,  
Executive Director

# Jewish Study Center

**High Holidays Session: September 7-9, 2004**

*The best of the tradition in  
an informal setting...*

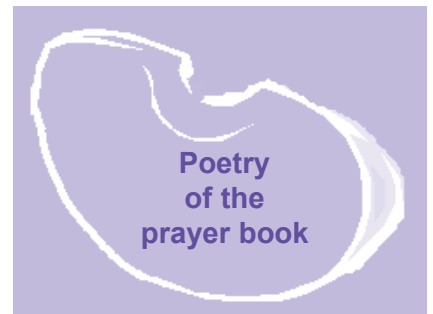
**T**he Jewish Study Center is an independent non-profit center for adult Jewish education in the Washington, DC, area. Founded in 1978, it has a reputation for teaching and learning in an open, participatory environment. Engage with traditional texts and topics, contemporary Jewish culture and concerns, and faculty from across the community. We welcome teachers and students of all backgrounds.



**Re-Souling for  
the New Year ~  
5765**



**Classes about  
Rosh Hashanah &  
Yom Kippur**



**Poetry  
of the  
prayer book**



**Honey cake  
baking & many  
more classes  
inside...**

**Please register at [jewishsc@starpower.net](mailto:jewishsc@starpower.net)  
or call 202.248.8810**

**TUESDAY**  
**SEPTEMBER 7**  
**7:00 TO 8:15 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### Preparing Your Heart for the High Holidays

How can we prepare ourselves, during the waning of summer and the start of fall, to enter into our High Holidays? Let psalms and other writings engage us so that we can focus on *teshuvah* (return), *tzedaka* (righteousness), and *tefilah* (prayer). We will refer to the book *Preparing Ourselves for the High Holy Days*, by Kerry Olitzky and Rachel Sabbath, and have a few moments for quiet reflection and writing.

*Roberta Boam, a veteran Study Center teacher, has an MSW in clinical social work and an MA in Jewish studies.*

**TUESDAY**  
**SEPTEMBER 7**  
**8:30 TO 9:45 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### Into the Labyrinth: Road Map to the High Holidays

Confused by the length and complexity of the High Holidays service? Promise yourself every year that next time you'll be able to tell the "UnetanaH Token" from the "Al Chet"? This is the course for you! First we'll trace the basic structure of the High Holidays liturgy and how it conveys the themes of the season; then, we'll take a closer look at the specific prayers for Rosh Hashanah and Yom Kippur and how they fit within this overall structure. After this session, you won't just be following along the page numbers; you'll understand how the pieces fit together. Copies of the texts will be provided, but participants are encouraged to bring their own machzor (High Holidays prayer book).

*Rabbi Marc Israel is director of Keshet, the college department of the Union of Reform Judaism, and is active with Jews United for Justice.*

**TUESDAY**  
**SEPTEMBER 7**  
**7:30 TO 9:00 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### Turning and Returning: Healing and the Days of Awe

The High Holidays evoke a wide range of memories and feelings. We will work with the liturgy and themes of Rosh Hashanah and Yom Kippur to mine their healing wisdom.

*Carol Hausman, PhD, is a clinical psychologist and coordinator of the Washington Jewish Healing Network.*



**WEDNESDAY**  
**SEPTEMBER 8**  
**7:00 TO 8:15 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### Yizkor and a Jewish View of the Afterlife

Yizkor, a special memorial prayer, is a central part of the Yom Kippur service. It provides a context for remembering deceased loved ones. This course examines the relationship between the Yizkor prayer and a Jewish view of the afterlife, focusing on the possibility of conversations between the living and the dead.

*Lewis Solomon, an ordained post-denominational rabbi with training in mind-body medicine, is an attorney and professor at George Washington University Law School. He has written many books and is a speaker and teacher on Jewish spirituality and healing.*

**WEDNESDAY**  
**SEPTEMBER 8**  
**8:30 TO 9:30 PM**  
**MEMBER: \$18**  
**NON-MEMBER: \$23**

### A Touch of Honey

Learn about the tradition of "sweetness for the New Year" by making a honey cake to share with family and friends. We will prepare a traditional honey cake to take home and bake. Ingredients and pan will be provided. Share your stories of holiday treats while creating one of your own.

*Jean Graubart is the Director of the Anna and Leo Smilow Center for Jewish Living and Learning at the Washington DCJCC.*



## Classes at the WDCJCC: 1529 16th St. NW at Q

### Getting to WDCJCC: See the back panel

**WEDNESDAY**  
**SEPTEMBER 8**  
**8:30 TO 9:45 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**



### The Benefit of the Doubt

Shortly before Rosh Hashanah, a Chassid told Rabbi Levi Yitzchak of Berditchev that he had overheard two men in a tavern boasting of their crime. Rabbi Levi Yitzchak replied that surely the men must be penitents preparing for the Day of Judgment by confessing their sins. The judgment that we make about others' actions obviously rests on the assumptions we make about the motivations and circumstances behind them. The class will read and discuss rabbinic and Chassidic stories, stressing (sometimes to the point of self-parody) the principle that we must put a charitable interpretation on other people's deeds. Characters in the stories may include friends, teachers, politicians, people we dislike, and people we don't really know.

*Norman Shore is a veteran teacher for the JSC and elsewhere in the Washington Jewish community.*

**WEDNESDAY**  
**SEPTEMBER 8**  
**PART I:**  
**7:30 TO 8:30 PM**  
**PART II:**  
**8:30 TO 9:30 PM**  
**FREE**

### Themes of Rosh Hashanah in Two Parts

**Part I:** A Fresh Start: Take this opportunity to contemplate Jewish concepts and perspectives of Rosh Hashanah and to engage your mind in observance.

**Part II:** Tefilah (prayer): Examine the prayers and how to use them to re-establish a relationship with G-d.

*Rabbi Tzvi Teitelbaum teaches at Yeshiva of Greater Washington, the Washington DCJCC, and throughout the Metro area.*



**THURSDAY**  
**SEPTEMBER 9**  
**7:00 TO 8:15 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### A Closer Look: Poetry of the Prayer Book

The machzor, or High Holidays prayer book, may look daunting, but the prayers are loaded with rich poetic imagery handed down over the ages. We'll take the plunge, seeking to appreciate the beauty of the language and to examine the ways it points us toward helpful self-reflection. For poets and non-poets!

*Max Ticktin teaches Judaic Studies at George Washington University.*

**THURSDAY**  
**SEPTEMBER 9**  
**8:30 TO 9:45 PM**  
**MEMBER: \$15**  
**NON-MEMBER: \$20**

### A Closer Look: Insights from the Rosh Hashanah Torah Readings

Join us for a contemporary reading of the relationship between Sarah and Hagar and the binding of Isaac. We'll examine traditional interpretations, enriching understanding with lively class discussion.

*Esther Ticktin is a clinical psychologist and is involved with Fabrangen.*

**THURSDAY**  
**SEPTEMBER 9**  
**6:00 TO 7:30 PM**  
**FREE**  
**RSVP BY 9/7 TO**  
**202.777.3267**  
**HARRIET**  
**SHUGERMAN:**  
**harriet@dcjcc.org**

### 6th Annual Creative Tashlich at Ohr Kodesh Synagogue near Rock Creek

co-sponsored with Jewish Women's Project of WDCJCC

Meet at  
 Ohr Kodesh,  
 8300 Meadowbrook Ln.  
 Chevy Chase

Traditionally, Tashlich is a ritual that takes place on the afternoon of the first day of Rosh Hashanah when it is customary to gather at a stream or river to symbolically cast away our sins. In a contemporary fashion, we will mark the transition to the New Year by gathering near water to symbolically cast away our regrets and affirm our renewed hopes and prayers for the New Year to come. Join us in a creative program of sharing songs, prayer, and refreshments.

*Lori Sumberg, the facilitator of the program, is a cantorial student and Jewish educator.*



### SIGN UP FOR JSC CLASSES: HIGH HOLIDAYS 2004

NAME _____	COURSE NAME _____	AMOUNT _____
ADDRESS _____	_____	_____
PHONE NUMBER _____	_____	_____
EMAIL _____	_____	_____
CHECK HERE IF YOU'RE PAYING THE DISCOUNTED RATE AS A MEMBER OF ONE OF THESE GROUPS: JSC _____ WDCJCC _____ JHS _____ ADAS ISRAEL _____ FABRANGEN _____	BECOME A JEWISH STUDY CENTER MEMBER INDIVIDUAL: \$36 HOUSEHOLD \$72  I'LL HELP SUPPORT JSC WITH A DONATION.	_____
I FIRST LEARNED ABOUT THE JSC FROM: _____	<b>TOTAL ENCLOSED</b> \$ _____	
	EMAIL: jewishsc@starpower.net MAIL TO: 3547 BRANDYWINE ST. NW WASHINGTON, DC 20008 PHONE: 202.248.8810	



### Getting to WDCJCC

**Parking.** Limited parking at WDCJCC lot, adjacent to the JCC, for charge; must validate tickets at front desk. Colonial parking lot, 1616 P Street (two blocks from JCC), \$5.00.

**Metro.** Take the Red Line to Dupont Circle. Exit at Q Street (north entrance to the Metro). Walk east, crossing over Connecticut Avenue. The Center is located four blocks away, at the corner of 16th & Q Streets, NW.

**Shuttle Bus Service.** From the Metro, the free WDCJCC shuttle service runs between the Q Street (north) entrance of the Dupont Circle Metro and the Center. The white van departs every 15 minutes.

### Coming fall semester, October-December

- Jews in Places You Never Thought Of
- Kosher Cooking around the World (and Wine, Too)
- Etre Juif: To Be Jewish in France
- History of Jews in DC, Maryland, and Virginia
- Hebraic Strains of African-American Literature
- School of Jewish Rock: Music Class for Teens
- Jewish Genealogy: Climbing Your Family Tree
- Yiddishe Yoga...and many, many more!

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Bonnie Cole  
Steven Braun  
Roberta Boam  
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